

Art of Hoopdance

Terms & Conditions and general information

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Clothing

Clothing is important with hoopdance; loose, thick clothing will get in the hoop's way and makes it harder than necessary for you to do the exercises and keep control of your hoop. I advise you to wear tight-fitting but comfortable clothes; for example leggings and a long, tight shirt. There is a changing room available if you wish to use it. A lot of people hoopdance on their bare feet or socks. If you do not feel comfortable doing so, please make sure you bring indoor shoes.

Hula hoops

There will be hoops to borrow available that you can use, but if you happen to have your own hoop feel free to bring it along! There will also be pre-made hoops for sale for a reduced price; these hoops are normally €35 but as a participant of the course you can purchase one for €30. If you are interested in a pre-made hoop, ensure you have enough funds with you. It is also possible to order a hoop with Janna, who will make the hoop according to your own taste and style. The price will differ depending on the type of hoop and the types and amount of tapes you choose.

You will receive a discount of €5,00 on your purchase as a participant of the course, if you order before the end of the course.

The hula hoops are handmade and will be delivered in the best possible condition. The warranty on handmade hoops covers production errors and does not extend to wear and tear due to usage. When the hoop is delivered it is up to the buyer to check the hoop and verbally agree on the state in which it is received. When the hoop is being taken by the buyer this will also count as acceptance. The warranty does not cover any damage to the hoop due to improper usage.

Missed classes

Catching up on missed classes is only possible if there is a place available in one of the courses that runs simultaneously with the one you have signed up for, that comes available due to a cancellation.

Please keep in mind that we can't guarantee the option to catch up on missed classes when the course is fully booked. If you sign up for a course and are unable to attend for one or more of the classes, let us know so we can think of a plan. Sometimes it is possible to catch up on a class, even before you miss one!

The condition to be able to catch up on missed classes is that you notify us of your absence at the latest 24 hours (preferably sooner) before the class. This way we can offer others to catch up on missed classes in your place.

Unfortunately it is not possible to catch up on a class after the last dates of the course you signed up for, due to a limited amount of available places in each course. There will be no restitution for the down payment or missed lessons.

Take care of your body

Your body is your most precious possession and your own responsibility.

It's always more important to listen to the signs of your body than to us.

So please notify us beforehand in the sign up form, if you have any physical condition, so we can try to adapt the exercises to you.

Remember that during a class, you can always stop! Or choose to sit down, drink some water etc. Just make sure you always let us know what is going on.

We are not in any way responsible for any physical injury that happens to you during a class.

That is however very unlikely, and we are blessed that until now nothing like that ever happened. Let's keep it that way.

The locations

- **Amsterdam:** Keteluisplein 47, Amsterdam. This is near Leidse Plein. Here is the location on Google Maps: <http://goo.gl/maps/Uopl9> The entrance is exactly on the corner of where the Anna Spenglerstraat crosses the Keteluisplein. With the chicken coop with the treehouse on your left side, ring the bell where it says "Grote Zaal". The door will be opened for you. It is very useful to check the location out before (even if just online). It can be a challenging place to find and we do not want you to get lost. We have searched for many lost hoopers for the last few years ;).
- **Leiden:** Kennedylaan 116, Leiden. It is the gym in the activity center "De Zuidwester". The bell is on the wall left of the sliding doors. Upon entry, passed the stairs on the left you will find the entrance to the gym on your left.